



**Violence is not OK.  
Get help.**

**Tel.: +49 681 37 99 61-0**

**[interventionsstelle@skf-saarbruecken.de](mailto:interventionsstelle@skf-saarbruecken.de)**

**Information and  
counselling center  
for victims of  
domestic violence**



**Sozialdienst katholischer Frauen  
Saarland e.V.**

# We can help you, if your partner

- hits, pushes, kicks,
- verbally abuses or intimidates you.
- Are you being stalked, controlled, or locked up?
- Are you coerced to stay away from family, friends or loved ones?
- Are forced to do things against your will?

Violence does not just stop. In most cases, the situation gets even worse. You CAN do something to protect yourself.

**We are here for you!**

**We keep everything confidential!**

**We listen and advise.**

Please call us, or let the police know how we can reach you.



SkF auf Instagram

**Tel.: +49 681 37 99 61-0**

**Our help is free of any charge.**



**SKF**

**Sozialdienst katholischer Frauen  
Saarland e. V.**

**Beratungs- und Interventionsstelle  
für Opfer häuslicher Gewalt**

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Die Beratungs- und Interventionsstelle wird gefördert von:

Ministerium für Arbeit,  
Soziales, Frauen  
und Gesundheit

**SAARLAND**



**www.skf-saarbruecken.de**